

Thyroid Conversion Chart



Bio-Thyroid		Armour Thyroid	Synthroid/ Levothyroid/ Levoxyl	Nature-Thyroid/ Westhroid	Cytomel	Thyrolar
(Immediate Release Capsules, Sustained Release Capsules, +/- Conversion Co-Factors)*		(Thyroid Tablets)	(Levothyroxine Tablets)	(Thyroid Tablets)	(Liothyronine Tablets)	(Liotrix Tablets)
Compounded		Desiccated, Porcine	Synthetic	Desiccated, Porcine	Synthetic	Synthetic
T4 (4.2)	T3 (1)	T4/T3	T4	T4/T3	T3	T4/T3
7.6 mcg	1.8 mcg				5 mcg	
9.5 mcg	2.25 mcg	¼ grain (15 mg)	25 mcg (0.025mg)	¼ grain (16.25 mg)		¼ grain (12.5/3.1 mcg)
19 mcg	4.5 mcg	½ grain (30 mg)	50 mcg (0.05mg)	½ grain (32.5 mg)		½ grain (25/6.25 mcg)
28.5 mcg	6.75 mcg		75 mcg (0.075mg)	¾ grain (48.75 mg)		
33.44 mcg	7.92 mcg		88 mcg (0.088mg)			
38 mcg	9 mcg	1 grain (60 mg)	100 mcg (0.1mg)	1 grain (65 mg)	25 mcg	1 grain (50/12.5 mcg)
42.56 mcg	10.08 mcg		112 mcg (0.112mg)			
47.5 mcg	11.25 mcg		125 mcg (0.125mg)	1 ¼ grain (81.25 mg)		
52.06 mcg	12.33 mcg		137 mcg (0.137mg)			
57 mcg	13.5 mcg	1 ½ grain (90 mg)	150 mcg (0.15mg)	1 ½ grain (97.5 mg)		
66.5 mcg	15.75 mcg		175 mcg (0.175mg)	1 ¾ grain (113.75 mg)		
76 mcg	18 mcg	2 grain (120 mg)	200 mcg (0.2mg)	2 grain (130 mg)	50 mcg	2 grain (100/25 mcg)
85.5 mcg	20.25 mcg			2¼ grain (146.25 mg)		
95 mcg	22.5 mcg			2 ½ grain (162.5 mg)		
114 mcg	27 mcg	3 grain (180 mg)	300 mcg (0.3mg)	3 grain (195 mg)		3 grain (150/37.5 mcg)
152 mcg	36 mcg	4 grain (240 mg)		4 grain (260 mg)		
190 mcg	45 mcg	5 grain (300 mg)		5 grain (325 mg)		

Note: These conversions are approximate measures

Central Drugs Compounding Pharmacy can adjust T4 and T3 dosing for custom strength prescriptions.
To discuss a specific patient case and recommendations, call to speak with a pharmacist.

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